



# ELITE

MAGAZINE

Issue-1, January-2015



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## Editor's Note

Dear Reader,

Welcome to the first issue of our 'Elite Magazine': the first publication of Shaheed Benazir Bhutto Elite Police Training Centre, Razzakabad. It is indeed a matter of great pride to be the editor of an issue where the cover story is all about the unwavering efforts, hard work and dedication of our Commandant and his entire team.

Writing about training center was a very interesting task. It was a challenge for me as I had to cover the progress of the last five years in a single issue. I have tried my level best to cover each and every aspect of training and training center with engaging write-ups.

It is said that life is a succession of lessons which must be lived to be understood. Every day we have an opportunity to learn. In this process of trial and error emerges the process of growth. Our young recruits undergo a metamorphosis from being enthusiastic and uncertain rookies to confident and devoted individuals ready to undertake the future challenges and to counter terrorism.

My heartfelt thanks to our Commandant Maqsood Ahmed for his guidance, generosity and support without which creative department cannot exist and this issue wouldn't have been possible.

Enjoy reading and send us your feedback for the next publication at [editor@elitesindhpolice.gos.pk](mailto:editor@elitesindhpolice.gos.pk)

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## Message from IGP



After the huge success of SSU Magazine I was given another surprise by AIGP Maqsood Ahmed when I was requested to give my message for our first ever 'Elite Magazine'.

Apart from being the first magazine of Shaheed Benazir Police Training center Razzakabad Karachi, it is also a documentation of the hard work poured in by our commandos and creative team alike in making the training center stand by documenting our stories with sheer brilliance. I congratulate AIGP Maqsood Ahmed and his team for this great effort.

Title and layout of the magazine is eye catching and articles are carefully selected and evenly supported by amazing pictures. My favorite is the picture gallery where pictures of passing out parades are published. This section will also serve the purpose of an archive of events that took and will take place in the training center.

I sincerely hope that this magazine gets published continuously brings to light the training facilities and life at Shaheed Benazir Police Training center Razzakabad Karachi.

**Ghulam Haider Jamali, PSP**

IGP Sindh

## Commandant's Message



I am humbled to pen down my remarks for the debut edition of the Elite Magazine, Shaheed Benazir Bhutto Elite Police Training Center Razzakabad. It is the first ever magazine to come out of any Police Training Center in Pakistan.

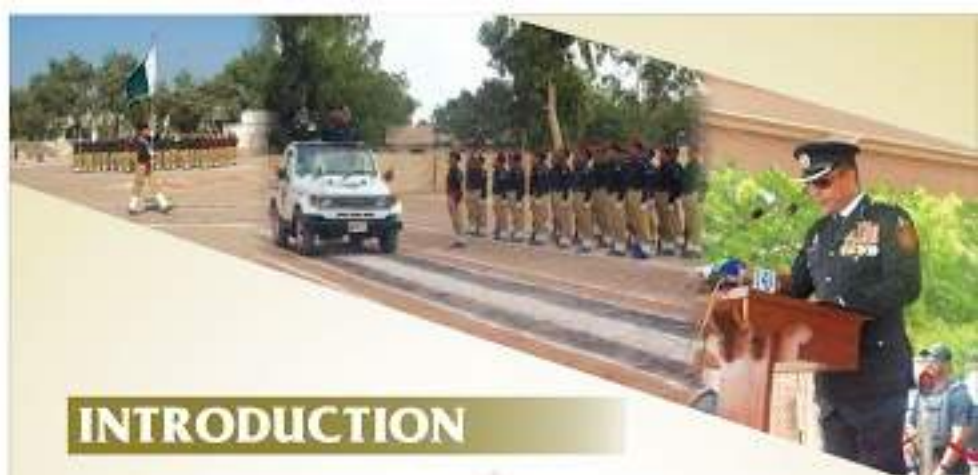
The objective behind the publication of this magazine is highlight the training facilities available at our center and the role that Shaheed Benazir Bhutto Elite Police Training Center Razzakabad is playing in countering terrorism and motivating future commandos.

The content of the magazine reflects the creativity, hard work and richness of ideas of our Creative Team. I am sure it will prove to be an excellent forum for sharing of experiences and preserving history and tradition of this prestigious institution.

On a very personal level, a magazine of such standard and credibility was always my dream and I am thankful to the efforts put in by our creative team to make this into a reality.

### **Maqsood Ahmed Ti, PSP**

Commandant  
Shaheed Benazir Bhutto  
Elite Police Training Centre Razzakabad



## INTRODUCTION

The Shaheed Benazir Bhutto Elite Police Training Center (SBBEPTC) formerly Elite Training Center was initially established as a Recruit Training Center in 1990. In order to meet the increasing need for specialized police personnel for anti-terrorism training, the center was converted into a specialized anti-terrorist training institution for police force in 1992.

However, its reputation as a specialist anti-terrorist training institution attracted other law enforcement agencies as well to upgrade the operational skills and the capabilities of their personnel through state-of-the-art commando training.

On the pattern of training theme of the Special Services Group of Pakistani Army, SBBEPTC has been training and preparing police personnel, initially for challenges that started emerging in early 90's SBBEPTC training programs seek to refine the skills and capabilities of trainees in firearm handling, tactical assault, close combat, physical encounters and VVIP security. The training activities have been designed to meet both existing and evolving operational needs of law enforcement agencies. The embedded innovative concepts keeps the training current and valid for all times and circumstances.

Apart from six-months signature Elite Police Commando training program, several other courses have also been incorporated into the training curricula of the SBBEPTC. These courses address specific operational needs of police department and include:

- 12-Months (04-Semester) Commando Course.
- 06-Months Elite Police Course.
- 03-Months Advanced Eaglet Police Course.
- 03-Months Instructor Development Course.
- 03-Months Special Weapons and Training (SWAT) Course.
- 02-Months VVIP Protection Course.
- 01-Month Capacity Building Course.
- 01-Month Armed Motorcycle Patrolling Course.
- 01-Month Sniper Course.
- 01-Month Weapon Handling Course.

A team of specialized commandos with armed forces and police background conducts these specialized trainings. At the end of the training, successful participants are awarded certificates. As of December 2014, around 30,454 personnel from police and 1,726 from other law enforcing agencies have completed anti-terrorist training at the SBBEPTC.

# TRAINING AT RAZZAKABAD

Razzakabad is the pioneer Elite Police training center established in Pakistan in 1990 at Karachi, Sindh where members of the law enforcement agencies/units undergo basic and advanced counter terrorism training. The Police recruits from police recruitment centers come for mandatory counter terrorism training after the completion of basic recruit course. It also runs specialized training courses such as 4 semester Commando course, Eaglet course, Elite course, VVIP Protection Course, Sniper Course, Armed Motor Cycle Patrolling Course and Motor Driving Course for Sindh police besides basic tactical courses for Anti terrorist forces, Pakistan Customs, Prisons Police and Sindh Rangers tailored specifically to their needs. So far more than thirty three thousand police personnel and more than one thousand seven hundred law enforcement personnel have completed tactical training at this institution. Each course caters for all tactical eventualities and equips the recruits with basic know how of the operational procedures besides skill enhancing practical. Further detail of the courses is mentioned below;

## FOUR SEMESTER COMMANDO COURSE

This one year course consists of two components

- Recruit course
- Elite commando course

The course specifically runs for the direct recruits of Special Security Unit (SSU).

Only those qualifying the recruit course with minimum standards of qualification for the elite course are selected to undergo the second leg.



## RECRUIT COURSE

Initially, every recruit has to complete its basic training in the form of 6 months recruit course. This course is run as part of the four semester commando course and imparts basic training to the direct recruits of Special Security Unit (SSU). This course grooms the recruits / commandos / police constables by refining their character, behavior, cultivating force discipline, attitude and equipping them with the basic knowledge necessary for everyday use. Moreover, newly appointed recruits also gain awareness about the value and moral of the Police force to which they have to conform.

Police recruit course comprises of the following areas:

- Character Development
- Law
- Police Procedure
- General Police Duties
- Criminal Law and Investigations
- Crime Preventive Preparation and Community policing
- Police Practical Work
- Police Operations and Tactics
- First Aid
- Public Dealing
- Crime Scene Protection
- Search and Arrest
- Attitudinal Change

# PHYSICS

The motion of a particle is governed by the forces acting on it. In the case of a free particle, the only force is gravity, which causes the particle to accelerate downwards. The velocity of the particle increases as it falls, and the distance it falls increases as the square of the time.



The acceleration of the particle is constant and equal to the acceleration due to gravity,  $g$ . This is a result of the fact that the force of gravity is proportional to the mass of the particle, and the mass of the particle is also proportional to its inertia.

The velocity of the particle is a vector quantity, and its direction is the same as the direction of the force of gravity. The magnitude of the velocity increases as the particle falls, and the direction of the velocity is always downwards.



The distance traveled by the particle is a scalar quantity, and it is the same as the magnitude of the displacement. The distance traveled increases as the particle falls, and it is proportional to the square of the time.



# TRAINING AT RAZZAKABAD

## ADVANCE EAGLET POLICE COURSE/ COUNTER TERRORISM REFRESHER COURSE

This is two months mandatory course started in 2015 for all senior members of police force who have not undergone training in counter terrorism at this institution or had been trained before 2012. The modules of this course are the same as Eaglet police course with more emphasis on training, within the trainees, the ability to plan and lead tactical operations. Presently all the trainees and direct ASIs qualifying lower, intermediate, upper and basic courses are being deputed to undergo this course. This course has been declared compulsory for promotion into next rank.



## VVIP PROTECTION COURSE

This is a two months course designed to provide the trainees with the basic training in theory and practices of personnel protection. VVIPs are national assets and their protection is the due responsibility of the state. Rising threats of terrorists and killing of the governor of Punjab enhanced the need for security of the vital installations and VVIPs. In this regard VVIP Protection Course has been started in EPTC, Razzakabad. The techniques and tricks are demonstrated by providing the trainees simulations in light of lessons learnt from past terrorist attacks.



The course modules are:

- VVIP protection
- VVIP Vehicles protection
- VVIP Movement protection
- VVIP Residence protection
- Route protection
- Motorcade operations
- Defensive tactics
- Advances survey reports
- Moving vehicle drill
- Stationary vehicle drill
- Protective security detail formations
- Surveillance detection & counter measures

# TRAINING AT RAZZAKABAD

## SNIPER COURSE

Sharpshooters and Sniper require skills which go far beyond the ordinary procedures for aiming at short ranges. The high degree of precision requires an understanding of ballistics, gunsmithing and ammunition calibration. This in addition to the challenging demands of Law enforcement requires the shooter to gain a high degree of consistency. Police persons/trainees are trained in this field so that they can provide cover fire to operating tactical teams. The snipers of this center have proved their skill in the Layari operation.

The course modules are:



- Basic Precision and Marksmanship theory
- Target selection and identification
- Communication and commentary
- Use of correction for distance and drift
- Camouflage & concealment
- Use of cover
- Judging distance
- Use of binocular & spot scope



## SWAT COURSE

A three months SWAT course on the pattern of U.S.A's S.W.A.T. has been started with a view to give police commandos a thorough understanding and practical skill in scouting, gaining intelligence, planning operation, tactical breaching techniques, occupancy control, deliberate and dynamic clearance, vehicle assaults, hostage rescue and counter ambush drills. Foreign qualified trainers have so far imparted training to 50 commandos of S.S.U and more than 200 are in the process of being trained.



# TRAINING AT RAZZAKABAD

## ARMED MOTOR CYCLE PATROLLING COURSE

In this 4 weeks course, commandos are separately trained through different techniques for patrolling activities. Training of this type help them to avoid and prevent any aggressive attacking incidents during patrolling.

Their training includes various methods of tactical driving and firing from various positions while on move. Motorcycle based operations are particularly successful in slums and narrowly built up areas due to their easier accessibility and limited exposure to traffic jams.



The course modules are:

- Basics of motor cycle
- Tactical riding techniques
- Types of weapons suitable
- Various positions drills
- Target engagement
- Urban area management



## WEAPON HANDLING COURSE

This is a 4 weeks course designed to give proficiency in use of small arms such as pistols, assault rifles including SMGs, G-3s, MP-5, Sig Sauer 556, Steyr AUG and M-4A3s, LMGs including RPD and rocket launcher such as RPG-7. The course not only focuses of the techniques of holding and firing weapons but also gives awareness of about the capabilities of weapons, small arms theory, stoppages and remedies, stripping and assembling and improvisation in the field.



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## 27th Elite / 14th Eaglet Passing Out

# 07, June-2012

SHAHEED BENAZIR BHUTTO  
ELITE POLICE TRAINING CENTRE  
RAZZAKABAD, KARACHI



Chief Guest IGP Sindh Syed Mushtaq Shah and Commandant 288EPTC Maqsood Ahmed reviewing the passing out parade.



Chief Guest IGP Sindh Syed Mushtaq Shah and Commandant 288EPTC Maqsood Ahmed at the saluting base.



Passing out parade marching towards the saluting base.



Commandant's squad marching towards the saluting base.



Commando rescuing an injured person during demonstration.



Commandos responding to a threat during demonstration.

## 4th VVIP Protection/15th Eaglet Passing Out

# 12, Dec-2012

SHAHEED BENAZIR BHUTTO  
ELITE POLICE TRAINING CENTRE  
RAZZAKABAD, KARACHI



Chief Guest IGP Sindh Fayyaz Ahmed Leghari and Commandant SBSEPTC Magsood Ahmed reviewing passing out parade.



Chief Guest IGP Sindh Fayyaz Ahmed Leghari and Commandant SBSEPTC Magsood Ahmed taking salute at the saluting base.



Chief Guest IGP Sindh Fayyaz Ahmed Leghari & Commandant SBSEPTC Magsood Ahmed reviewing the passing out parade.



Commandant's squad marching towards the saluting base.



Chief Guest IGP Sindh Fayyaz Ahmed Leghari Presenting Certificate to a trainee.



Commandant SBSEPTC Magsood Ahmed presenting shield to Chief Guest IGP Sindh Fayyaz Ahmed Leghari.

## 16th Eaglet / 1st Sniper Passing Out

20, Mar-2013

SHAHEED BENAZIR BHUTTO  
ELITE POLICE TRAINING CENTRE  
RAZZAKABAD, KARACHI



Chief Guest Acting IGP Sindh Ghulam Shabbir Sheikh and Commandant SBSEPTC Maqsood Ahmed reviewing passing out parade.



Chief Guest Acting IGP Sindh Ghulam Shabbir Sheikh and Commandant SBSEPTC Maqsood Ahmed taking salute at the saluting base.



Passing out trainees saluting while passing by saluting base.



Passing out trainees saluting while passing by saluting base.



Trainee commands displaying kick boxing skills during the demonstration.



Commandant SBSEPTC Maqsood Ahmed presenting shield to Chief Guest Acting IGP Sindh Ghulam Shabbir Sheikh.



## 17th Eaglet Passing Out

# 25, May-2013

SHAHEED BENAZIR BHUTTO  
ELITE POLICE TRAINING CENTRE  
RAZZAKABAD, KARACHI



Chief Guest IGP Singh Shabir Nadeem Baloch and Commandant SBDEPTC Moqsood Ahmed reviewing passing out parade.



Chief Guest IGP Singh Shabir Nadeem Baloch, Additional IGP Singh Ghulam Qadir Thabe and Commandant SBDEPTC Moqsood Ahmed taking salute at the saluting base.



Chief Guest IGP Singh Shabir Nadeem Baloch awarding good performance medal to a trainee.



Cobrasters' squad marching during the parade.



Trainee Commando displaying rope crossing during the demonstration.



Commandant SBDEPTC Moqsood Ahmed presenting shield to Chief Guest IGP Singh Shabir Nadeem Baloch.

## 18th Eaglet Passing Out

# 28, Jun-2013

SHAHEED BENAZIR BHUTTO  
ELITE POLICE TRAINING CENTRE  
RAZZAKABAD, KARACHI



IGP Sindh Shaban Haider Jamali PSP, Commandant SBSEPTC Masood Ahmed reviewing the passing out parade.



Chief Guest IGP Sindh Shaban Haider Jamali and Commandant SBSEPTC Masood Ahmed taking salute at the saluting base.



Chief Guest IGP Sindh Shaban Haider Jamali Presenting Certificate to a trainee.



Commandant SBSEPTC Masood Ahmed presenting shield to Chief Guest IGP Sindh Shaban Haider Jamali.



Pully demonstration.



Commandant's squad marching during the parade.

## 19th Eaglet / 28th Elite Passing Out

# 27, Sep-2013

SHAHEED BENAZIR BHUTTO  
ELITE POLICE TRAINING CENTRE  
RAZZAKABAD, KARACHI



Chief Guest IGP Sirah Shabid Nadeem Baloch and Commandant SBSEPTC Maqsood Ahmed reviewing the passing out parade.



Chief Guest IGP Sirah Shabid Nadeem Baloch, Additional IGP Sirah Shabir Hyder Janjani and Commandant SBSEPTC Maqsood Ahmed taking salute during the passing out parade.



Chief Guest IGP Sirah Shabid Nadeem Baloch awarding medal to trainee for his good performance.



Commandant SBSEPTC Maqsood Ahmed presenting shield to Chief Guest IGP Sirah Shabid Nadeem Baloch.



Trainee commandos displaying kick boxing skills during the demonstration.



Commando's squad saluting while passing by saluting base.











**SHAHEED BENAZIR BHUTTO  
ELITE POLICE TRAINING CENTER**



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